

# IMPACTO® AIRELBOW

## AIR TENNIS ELBOW SUPPORT

**Helps alleviate and prevent pain caused by lateral epicondylitis**  
**Provides support and helps prevent injuries**



### About Tennis/Golfer's Elbow

Golfer's elbow, or medial epicondylitis, is similar to its counterpart Tennis Elbow or lateral epicondylitis. The primary differences between these conditions are the location of the pain and the activity that leads to injury. However, both conditions are a form of tendonitis caused by overuse of the muscles and tendons of the forearm, leading to inflammation and pain around the elbow joint.

### Causes

The mechanism of these injuries can vary from a single violent action to, more commonly, repetitive strain injury where an action is performed repeatedly and pain gradually develops. No one is immune from these injuries, but they are aggravated when activity is increased in intensity or duration. Golf and tennis are common causes of these symptoms, but many other sport- and work-related activities can cause the same problem.

**Note** The AIRELBOW is a support product only and should not be considered a remedy for any conditions. Consult your physician for treatment and advise on any medical conditions.

- The AIRELBOW is designed to support the upper forearm during many activities involving repeated hand motion, specially those requiring a strong grip, torquing of the arm, and those where impact occurs with a tennis racket, or a golf club
- Provides relief and prevention of pain related to muscle strain, tendinitis, repetitive motion, carpal tunnel syndrome, epicondylitis (tennis/golfer's elbow)
- The AIRELBOW applies compression to the extensor muscles of forearm
- Inflatable air chambers provide concentrated compression to a large area
- Provides excellent conformation to the arm dampening vibration and shock transmitted to the lateral tendon
- Helps to reduce tendon inflammation where muscle and tendon connect to elbow
- Use for sports like golf or tennis, during gardening or while using tools

### MODEL #AIRELBOW

Includes inflatable air chambers. Soft foam padded shell with pocket for air chamber (3" wide x 8" long). Adjustable strap with hook and loop closure. Universal size.

Innovative Protection

[www.impacto.ca](http://www.impacto.ca)

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